



Meditation Essential Oil Blend Rollers

a blend to encourage focus and calm

Ingredients

- 120 ml Caprylic Capric Triglycerides (MCT) Oil
- 1.25 ml Organic Royal Hawaiian Sandalwood Essential Oil
- 1.25 ml Roman Chamomile Essential Oil
- 0.65 ml Angelica Root Select CO2 Extract
- 0.65 ml Lemon Balm (Melissa) Essential Oil
- 0.65 ml Ylang Ylang, Complete, Essential Oil

Makes twelve 1/3 ounce roller bottles

Directions:

1. Measure and pour caprylic capric triglycerides into mixing vessel.
2. Add essential oils and co2 extract. Mix well until fully blended.
3. Transfer to roller bottles, then attach roller balls and caps.

Usage & Packaging:

- Our glass roller ball bottles make blend application smooth and easy. If you prefer, essential oil blends can be packaged in glass dropper bottles instead.
- To use, roll the bottle across wrists or pulse points and inhale deeply.

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