



# Cranberry Pumpkin Salt Scrub

a moisturizing body scrub with cranberry

## Ingredients

- 1 1/2 cup Bolivian Pink Salt, Fine
- 1 1/2 ounce Pumpkin Seed Oil
- 1 1/2 ounce Cranberry Seed Oil
- 1 1/2 teaspoon Cranberry Fruit Fiber
- 1 1/2 teaspoon Cranberry Fruit Seeds
- 3 ounces Polysorbate 20
- 1 1/2 teaspoon Cranberry Fragrance Oil

Makes about six 2-ounce jars

## Directions:

1. In a small mixing bowl, combine Pumpkin Seed Oil, Cranberry Seed Oil, Polysorbate 20, and Cranberry Fragrance Oil. Stir the liquids well to make sure they are fully combined.
2. Add Bolivian Pink Salt and stir again, making sure to break up any clumps in the salt.
3. Add Cranberry Fruit Fiber and Cranberry Fruit Seeds. Mix well to distribute dry ingredients.

## Usage & Packaging:

- These scrubs look fabulous in our 2 Ounce Flat PET Jars. Make sure that the top of the jar and the lid are totally free from oil before you cap the jar. Any oil on the lid or the top of the jar can cause the scrub to leak.
- To use, massage a generous amount of scrub onto damp skin. This scrub may be used on hands, feet, arms, legs, and/or the torso. Rinse with water and follow with soap, if needed.
- In a sealed container, this scrub should last several months, but after it is opened it can easily become contaminated during use. Keeping the jar away from water, and using clean utensils to scoop out the scrub will help to keep it from becoming contaminated. A natural or synthetic preservative may be added to this recipe at your own discretion. For information on preservatives, please visit our informational library.
- To make an all-natural version: Simply double the amount of oils, and leave out the Polysorbate 20 and Fragrance Oil. An Essential Oil may be added in place of the Fragrance Oil, if desired.

For Additional Recipes:  
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