



Pink Peppercorn & Myrtle Massage Oil

a stimulating massage blend

Ingredients

- 60 ml Organic Camellia Oil
- 60 ml Brazil nut Oil
- 1.25 ml Pink Peppercorn Essential Oil
- 1.25 ml Peruvian Myrtle Essential Oil
- 0.65 ml Organic Bergamot (FCF) Essential Oil

Makes about 4 ounces (120 ml)

Directions:

1. Combine camellia and Brazil nut oils in mixing vessel and blend well.
2. Add essential oils and mix until fully dispersed.
3. Transfer to bottles.

Usage & Packaging:

- We packaged our Pink Peppercorn & Peruvian Myrtle Massage Oils in Flint Glass Bottles. Glass or Stainless Steel Bottles are ideal for massage blends containing essential oils. If you prefer, you can also use a heavy duty plastic bottle such as our PET Cosmo or Boston Rounds.
- To use, pour a small amount of oil into your hands and warm gently between your palms. Massage oil onto skin until absorbed. Repeat as needed. Due to the presence of spice oils, we do not recommend using this massage oil on sensitive areas such as the face or bikini area.

For Additional Recipes:
www.NaturalBeautyWorkshop.com

© 2019 by Natural Sourcing, LLC. All rights reserved. Feel free to share links to the recipes and posts that you find on NBW with your friends, but don't forward this file, repost this recipe, or use the photo without first checking with us.

From Nature With Love and The Natural Beauty Workshop are trademarks of Natural Sourcing, LLC.