



Sweet Chai Body Lotion

a warm and spicy body cream

Ingredients

- 12 grams mango Butter
- 12 grams shea butter
- 12 grams camellia oil
- 8 grams emulsifying wax
- 6 grams triple pressed stearic acid
- 5 grams natural vitamin E 400 IU oil
- 1 gram liquid germall plus
- 15 drops cardamom essential oil
- 10 drops fresh, sweet ginger essential oil
- 10 drops vanilla spice plant-based fragrance oil
- 5 drops sweet fennel essential oil
- 2 drops cinnamon bark essential oil

Makes about 210 grams (7+ ounces)

Directions:

1. Steep tea bag in 200 ml of boiled water for 20 minutes. Set aside to cool slightly.
2. In double-boiler, melt stearic acid and emulsifying wax. Once completely melted, add mango and shea butters and heat until fully melted.
3. Remove from heat and add camellia oil.
4. Measure 150 grams of steeped and strained tea. (Add additional water if necessary to reach 150 grams). Combine with whole milk powder in small beaker or bowl. Whisk together, making sure to break up any lumps.
5. Combine oil and water phases together and whisk by hand or with electric mixer for at least five consecutive minutes. Make sure liquids are fully blended and combined.
6. Whisk slowly until emulsion cools to 120 F (50 C). Add fragrance oil, essential oils, and preservative, then whisk again until well blended.
7. Carefully transfer to sterilized containers. Allow product to cool to room temperature before placing lids.

Usage & Packaging:

- To use, simply slather dry skin with lotion and massage gently until absorbed.
- Sweet Chai Body Lotion is quite thick so does best in jars or squeezable tubes. We packaged ours in crystal clear PET Jars and they looked fabulous!
- While this formula does contain a natural preservative it has not been challenge tested for true shelf stability. Professional artisans should always have formulations professionally lab tested or safety and stability prior to offering them for sale.

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