



# Coconut Clay Scrub

a dry facial scrub made with yellow illite

## Ingredients

- 3/4 cup Yellow Illite Clay
- 1/4 cup Fine Shredded Coconut (unsweetened)
- 1 teaspoon Baking Soda
- 10 drops Roman Chamomile Essential Oil
- 5 drops Royal Hawaiian Sandalwood Essential Oil
- 5 drops Ylang Ylang Essential Oil

Makes about 8 ounces

## Directions:

1. Combine baking soda with essential oils in small bowl and mix until well blended.
2. Add clay, mix together, then strain through sifter to remove lumps.
3. Add coconut and mix well.

## Usage & Packaging:

- Dry facial scrubs and washing grains look great in our Cardboard Powder Sifters. You can also try packaging them in Flint Glass Jars.
- To use, wet about 1 tablespoon of dry scrub with water or hydrosol to form a smooth paste. Massage gently onto damp skin, then rinse and follow with toner and moisturizer as needed.

For Additional Recipes:  
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