



# Vanilla Oatmeal Whipped Body Butter

A soothing body butter made with oat oil

## Ingredients

- 2 ounces (60 g) Cupuacu Butter
- 2 ounces (60 g) Shea Butter
- 1 ounce (30 ml) Oat Oil
- 1/2 ounce (15 ml) Cold Pressed Carrot Seed Oil
- 1/2 ounce (15 ml) Virgin Chia Seed Oil
- 1/2 teaspoon (2.5 ml) Organic Vanilla CO2 Extract
- 1/4 teaspoon (1.25 ml) Helichyrsium Italicum Essential Oil

Makes about four 4-ounce (120 ml) jars by volume  
/ 6 ounces (184 g) by weight

## Directions:

1. Bring cupuacu and shea butter to room temperature. Place both butters in the bowl of a stand mixer or a large mixing bowl. Using a whisk attachment, beat the butters on a medium to high speed with electric mixer for about ten minutes - stopping halfway to scrap the sides down.
2. Meanwhile, combine the oils, essential oil, and CO2 extract in a second bowl.
3. Stop the mixer and scrape the sides once more. Set the mixer to a low speed, then slowly drizzle the oil mixture into the bowl. Once oils are blended into the butter, bring the speed back up to high and beat for another five minutes - or until the butter becomes light and fluffy.
4. Transfer the butter to jars by spoon or pastry bag.

## Usage & Packaging:

- Slather the body liberally with whipped butter and massage gently into the skin. Repeat as needed.
- Vanilla Oatmeal Whipped Body Butter looks lovely in our 4 ounce Flat PET Jars. You can also try packaging this recipe in Flint Glass or mason jars.

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