



Sweet Cardamom Lip Balms

Creamy lip balms made with cocoa butter

Ingredients

- 1 ounces (30 g) Cocoa Butter
- 1 ounces (30 g) White Beeswax
- 0.75 ounces (22.5 g) Avocado Oil
- 1/2 ounce (15 g) Jojoba Oil
- 1/2 teaspoon (2.5 ml) Liquid Lecithin
- 1/4 teaspoon (1.25 ml) Cardamom Essential Oil

This recipe makes about 24 0.15-ounce lip balms

Directions:

1. Melt cocoa butter and beeswax in double boiler until fully melted.
2. Add avocado and jojoba oils, and remove from heat.
3. Add liquid lecithin and essential oil. Stir well to combine.
4. Carefully pour melted balm into lip balm containers, reserving a small portion. Return reserved portion to heat and allow containers to cool for 1-2 minutes, or until surface contracts.
5. Top containers with reserved melted balm, then allow them to cool completely (about 30 minutes) before handling. Lip balms should remain fresh for about 6 months.

Usage & Packaging:

- Sweet Cardamom Lip Balms work well in our standard Lip Balm Tubes but are soft enough in texture to be used in Lip Balm Jars or Slider Tins.
- To use, apply liberally to dry lips.

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