



Cold Process Raspberry Geranium Soap Bars

moisturizing soap bars with raspberry oil

Makes about five 5-ounce bars

Directions:

1. Prepare optional MP Raspberry Soap topping. Melt soap base and combine with mica and fragrance oil. Pour melted soap into raspberry soap mold and allow to cool and harden before removing.
2. Prepare 2-pound loaf soap mold by assembling, setting them on tray, lining with wax paper, etc. as needed.
3. Measure distilled water and place in stainless steel pot or large plastic pitcher with very thick walls.
4. Measure and add lye to water and stir for 1-2 minutes, or until completely dissolved. Let mixture cool down to about 100 F.
5. Measure coconut oil, cocoa butter, and palm oil and melt in double-boiler.
6. Add olive, black raspberry seed oil, and castor oil.
7. Combine lye water and fats, then stir or stick blend until mixture reaches thin trace.
8. Add essential oil and fragrance oil, followed by rose clay. Blend until ingredients are fully mixed, then transfer soap to mold.
9. Smooth or texture top using popsicle stick, then sprinkle with raspberry fruit seeds and optional melt and pour soap raspberries.
10. Cover and let sit for 24 hours before removing from the mold. Slice soap into five bars, then allow bars to cure on wooden drying rack for six weeks before use.

To Use:

- Lather, rinse, repeat!

Ingredients

- 11 oz Organic Olive Oil
- 6 oz Coconut Oil, RBD
- 3 oz Deodorized Cocoa Butter
- 3 oz RSPO Organic Palm Oil
- 2 oz Black Raspberry Seed Oil
- 2 oz Castor Oil
- 1 tbsp of Rose Clay
- .75 oz Raspberry Fragrance Oil
- .25 Geranium Essential Oil, Egypt
- 1 tsp of Black Raspberry Fruit Seeds
- 4 oz of Sodium Hydroxide
- 7 oz of Distilled Water

Melt & Pour Raspberries (optional)

makes about 15 raspberry soaps

- 2 ounces Transparent Melt & Pour Soap Base
- 1/8 teaspoon Bordeaux Lustre Mica
- 10 drops Raspberry Fragrance Oil

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Mafura Shea Hair Butter & Pomade

two simple hair care recipes made with shea

Mafura Shea Hair Butter

Makes about 4 ounces (120 ml)

Ingredients

- 4 ounces (120 ml) Shea Butter
- 2 ounces (60 ml) Mafura Oil
- 2 ounces (60 ml) Ungurahui Oil
- 1 ounce (30 ml) Black Castor Oil
- 1 ounce (30 ml) Virgin Coconut Oil
- 1/4 teaspoon (1.25 ml) Neroli Essential Oil
- 1/4 teaspoon (1.25 ml) Ylang Ylang Essential Oil
- 1/2 teaspoon (2.5 ml) Sandalwood Essential Oil

Directions:

1. Make sure to start off by bringing your butter to room temperature.
2. Break the butter into chunks and place it in the bowl of a stand mixer.
3. Start the butter on medium speed and let it soften up for about five minutes.
4. Reduce the speed to low, add the carrier oils and essential oils. Mix for about one minute to incorporate the other ingredients.
5. Stop the mixer, scrape down the sides of the bowl, and then bring the mixer up to high speed. Whip the butter for five to ten minutes, or until it becomes thicker, light in color, and very fluffy.
6. Transfer the mixture to jars and let it set at room temperature for several hours or in the refrigerator for about thirty minutes.

To Use:

- Use a small dab of hair butter to condition ends and nourish curls.
- We packaged our hair butter in our new 4 Ounce Paperboard Jars.

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