Manuka Honey & Banana Facial Mask

A soothing and moisturizing facial mask

Ingredients

- 1/2 fresh banana, mashed
- 4 tablespoons (60 ml) White kaolin Clay
- 1 tablespoon (15 ml) manuka honey
- 1 teaspoon (5 ml) Andiroba Oil
- 1/8 teaspoon (0.75 ml) Organic German Chamomile CO2 Extract
- 1/8 teaspoon (0.75 ml) Calendula Total CO2 Extra

This recipe makes about 2 servings

Directions:

1. Warm Andiroba Oil and CO2 Extracts gently by submerging sealed bottled in a shallow bath of hot water. Water bath should reach half-way up the bottle. Do not submerge above the neck of the bottle.
2. Meanwhile, whisk together the banana and manuka honey.
3. Combine 1 teaspoon (5 ml) Andiroba Oil and 1/8 teaspoon (0.75 ml) of each CO2 Extract in small mixing bowl. Stir together until ingredients are well blended, then whisk into banana honey mixture.
4. Add the Kaolin Clay, and mix until wet ingredients have been fully absorbed.

Usage & Packaging:

- To use, spread a liberal portion of mask on clean bare skin. Allow mask to set for 15-20 minutes before rinsing. Follow with toner as needed.
- This mask is best used fresh. Unused mask may be refrigerated in a sealed container for up to 3 days.

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