



Kiwi Seed Facial Mask

A fresh facial mask with essential fatty acids

Ingredients

- 1 tablespoon Bentonite Clay
- 1/2 fresh Kiwi, mashed
- 1/4 teaspoon Kiwi Seed Oil
- 5 drops Yarrow Essential Oil
- 5 drops Honey

This recipe makes 1-2 servings

Directions:

1. Combine ingredients in a small bowl and mash thoroughly until well blended.
2. Use right away, or refrigerate for up to three days.

To Use:

- Apply liberally to freshly washed skin. Avoid the eyes, lips, and nostrils. Allow the mask to set for up to 20 minutes. Remove immediately if skin feels tight, itchy, or irritated. Rinse with tepid water and follow with toner, and moisturizer, if needed.

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