



Happy Mama Belly Balm

an all-natural moisturizing balm for moms

Ingredients

- 30 grams Organic Beeswax
- 10 grams Jojoba Esters, MP70
- 20 grams Organic Shea Butter
- 15 grams Murumuru Butter
- 25 grams Virgin Marula Oil
- 25 grams Buriti Fruit Oil
- 20 grams Organic Virgin Argan Oil
- 10 grams Vitamin E 400 IU Oil

Makes 155 grams / Fills about five 1 oz. Brown Paperboard Push-Up Tubes with Caps

Directions:

1. Combine beeswax and jojoba esters in double boiler and heat until melted through.
2. Add shea butter and murumuru butter and heat until fully melted.
3. Remove from heat. Add marula, buriti, argan, and vitamin e oils and stir well.
4. Carefully pour melted balm into paperboard tubes. Allow balms to cool and harden completely (wait 30-60 minutes) before placing caps on the tubes.

Usage & Packaging:

- We packaged this recipe in our 1 oz. Brown Paperboard Push-Up Tubes with Caps - part of our new collection of gorgeous eco-friendly paperboard containers. Be sure to check out our other paperboard products.
- To use, simply rub the balm onto your belly, breasts, hips, and any other areas that feel dry or itchy. Repeat once or twice every day.

For Additional Recipes:
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