



Coconut Almond Soap

a cold-processed exfoliating bar soap

Ingredients

(measured by weight)

- 6.4 ounces and 1.6 ounces Sweet Almond Oil, divided
- 1.6 ounces Castor Oil
- 16 ounces Coconut Oil (76 Degree)
- 8 ounces Olive Oil
- 5 ounces Sodium Hydroxide (NaOH/Lye)
- 11.5 ounces water
- 1.5 ounces Pina Colada Plant-Based Fragrance Oil (optional)
- 4 tablespoons Almond Flour

This recipe makes two pounds of soap.

Directions

1. Start by double-checking this recipe in our Soapulator or in another soap calculator that you know and trust.
2. Prepare yourself by making sure you are suitably dressed in clothes and shoes that cover your arms, legs, and feet completely. Gather your equipment, ingredients, and safety gear in a clean, secluded workspace where no one will be coming in and out. Keep children and pets out of your workspace at all times.
3. Line your soap mold with wax paper and set it aside.
4. Put on your goggles and safety mask, then carefully measure and divide all of your ingredients using an accurate scale.
5. Add the water to a deep, heat-proof container with high walls. Next add the lye and allow it to dissolve. Be careful not to breathe in the fumes as the chemical mixes with the water. Set the mixture aside in a safe place, then move on to the next step.
6. Melt the Coconut Oil until it reaches about 100 - 110F degrees. Add Castor Oil, Olive Oil, and 6.4 ounces of the Sweet Almond Oil to the pot and remove it from heat.
7. Measure the temperature of the lye mixture. When it comes down below 110F check the oils temperature again. When both the lye mixture and the oils mixture fall between 90 - 110F they can be mixed.
8. Add the lye mixture into the melted oils and then begin stirring. Using an immersion blender (also called a stick blender) will speed this process up quite a bit. The mixture will need to be stirred until it thickens to a point called "trace". Trace is when the mixture is thick enough to drizzle a trail across its surface, similar in consistency to a pudding or custard.



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9. When the soap reaches trace add the remaining 1.6 ounces of Sweet Almond Oil and the Pina Colada Plant-Based Fragrance Oil. Stir again for about one minute to make sure the ingredients are well combined. Stir the Almond Flour in next using a spoon or spatula instead of the blender.
10. Pour the soap into your soap mold, tapping it gently to make sure it distributes evenly. Cover the top with plastic wrap, and if the mold has a top, put the top on. Wrap the mold in a towel or a blanket and allow it to harden for 24 hours.
11. After 24 hours the soap should have hardened enough for the soap to be un-molded. If it still seems soft give the soap another 24-48 hours before trying again. Gently tap or turn the soap loaf from your mold then slice it into bars. Set the bars on a cooling/drying rack somewhere cool and dry.
12. The soap will be finished curing in four to six weeks. Leaving the soap to cure for the full six weeks will result in a soap that is harder and more mild.

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