



Chickpea Almond Sugar Scrub

a gentle, moisturizing sugar scrub

Ingredients

- 1/2 cup Turbinado Sugar
- 3 - 4 tablespoons Sweet Almond Oil
- 2 tablespoons Chickpea Flour
- 1/4 teaspoon Wild Rose Plant-Based Fragrance Oil or up to 1/8 teaspoon Rose Otto Essential Oil (optional)

This recipe makes about four ounces.

Directions:

1. Combine the Sugar and Chickpea Flour in a small mixing bowl and stir well.
2. Add the Sweet Almond Oil little by little until you reach your desired consistency. Use a little less oil for a drier scrub, and a little more for a looser, more wet scrub.
3. Add the Fragrance Oil or Essential Oil, mix again, then transfer to jars.

Usage & Packaging:

Sugar scrubs look great in our 2 ounce PET Jars. To use the scrub, massage it liberally to wet skin on your arms, legs and torso, then rinse.

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