



Blossom Body Cream

A rich and creamy floral body lotion

Ingredients

Oil Phase

- 12 grams Mango Butter or Murumuru Butter
- 12 grams Deodorized Cocoa Butter
- 12 grams Babassu Butter
- 10 grams Emulsifying Wax
- 2 grams Stearic Acid

Water Phase

- 35 grams Organic Lavandula Angustifolia Hydrosol
- 35 grams Distilled Water
- 2 grams Glycerin
- 3 grams Grapefruit Seed Extract

Essential Oil Blend

- 15 drops of Bergamot Essential Oil
- 20 Drops of Ylang Ylang Essential Oil

This recipe makes about 4 ounces

Directions:

1. In a double boiler, heat all in the ingredients in the Oil Phase until they are thoroughly melted.
2. In a separate container, gently warm the Water Phase ingredients until they are hot, but do not let them boil.
Do not use a microwave as it can damage the ingredients. Use a second double boiler or try putting a heat-proof glass or beaker inside a pot of hot water.
3. When both phases are ready, transfer your Oil Phase into a sturdy mixing bowl. Use a hand blender or electric mixer and begin whipping the Oil Phase.
4. Slowly, add the Water Phase to the bowl (while you are mixing). The mixture should become white or creamy looking and will foam up when you add the Water Phase.
5. Continue to beat the mixture until it transforms into a cream (about the consistency of a thin pudding). This could take between 10 and 15 minutes of constant whipping.*
6. When the cream has cooled to this point you can add in your essential oil blend. Be sure to thoroughly mix the essential oils into your cream.
7. Dispense your cream into sterilized containers and you are finished!

Usage & Packaging:

- This cream looks great in our 2-ounce Flint Jars. You can also try packaging this formula in a 4 ounce Pump Bottle.
- This recipe should last for at least three weeks if packaged and handled with care. However, this shelf life is an estimation as this formulation has not been challenge tested. [Click here for more information on Shelf Life & Preservatives.](#)

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